



Terms and Conditions

By booking a stay at Maya Boutique Hotel & Spa (Maya Guesthouse Sarl), you agree to the terms and conditions outlined here. You affirm that you are of legal age, in good health, and do not have any medical conditions listed on the following page. You release Maya Guesthouse Sarl, all staff members, and organizers from any legal or liability responsibilities. You assume full responsibility for your actions, decisions, and personal and group activities during the duration of your stay. In case of a dispute, the competent court will be the one in the district of Hérens, located in Sion (Valais).

Reservation Conditions:

Fasting stays at Maya Boutique Hotel & Spa are only available to individuals aged 20 to 70, in good health, and not subject to the contraindications listed on the following page.

Payment:

The full payment for the stay is due at the time of booking.

Cancellation Policy:

- For cancellations made more than 30 days before arrival, the cancellation fee is 10% of the total stay amount.
- For cancellations made 30 days or less before arrival, the cancellation fee is 50% of the total stay amount.
- For cancellations made 15 days or less before arrival, or for early departures, the cancellation fee is 100% of the total stay amount.

Please note that rescheduling a stay to a later date is considered a cancellation. In this case, the above cancellation terms apply.

Cancellation fees will be deducted directly from the prepayment for the stay or the gift voucher intended for the stay settlement.

To avoid these fees, we strongly encourage you to purchase cancellation insurance.

Services and Massages:

Services and massages canceled within less than 48 hours will be charged.

IMPORTANT INFORMATION

Fasting does not replace any recommendations or prescriptions from your doctor. If you do not feel well during your stay, it is your responsibility to inform a supervisor so we can assist you. You are free to interrupt the fast at any time and are responsible for your decision.

BY MAKING A RESERVATION, YOU CONFIRM THAT YOU DO NOT HAVE ANY OF THE FOLLOWING CONDITIONS:

Under the age of 20 or over 70 years old
Pregnancy
Breastfeeding
Heavy medication treatments
Epilepsy
Untreated hyperthyroidism
Ulcers (stomach or duodenum)
Type 1 diabetes
Tuberculosis
Thrombophlebitis
Liver or kidney failure
Organ transplant
Cardiac pacemaker
Excessive thinness
Anorexia and eating disorders (past or present)
Severe addictions
Drug addiction
Arteriosclerosis
Advanced degenerative diseases (multiple sclerosis, Alzheimer's, etc.)
Cancer
Severe psychoses

If you are affected by any of the contraindications listed above, we will not be able to accommodate you. For other health concerns, ongoing medical treatments, or any doubts, please seek advice from your physician.